

Aging well in today's complex health care system requires a coordinated program that links the resources available to seniors and their caregivers. Milton Hospital and Beth Israel Deaconess Medical Center have joined forces to provide this integrated care to the south shore's elderly residents.

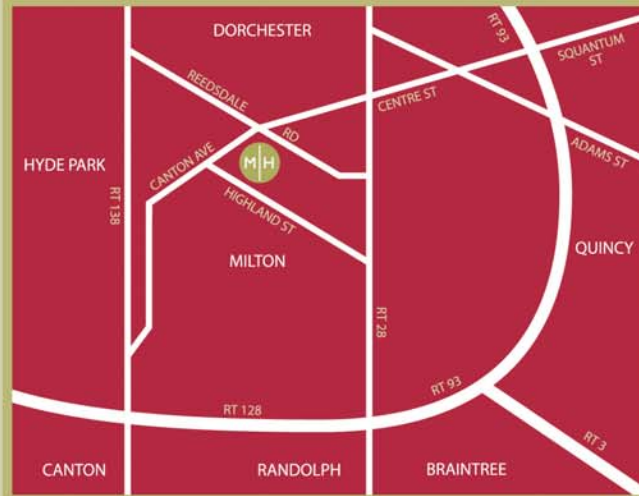
Milton Hospital

*The care you want.
Close to home.*



Beth Israel Deaconess Medical Center

Directions to Milton Hospital



From the South Shore (Route 128/93) Take Route 128/93 to exit 5B. Travel north on Route 28 to second traffic light. Turn left onto Reedsdale Road. Milton Hospital is on the left.

From Boston (Route 3/93) Take Route 3/93 to exit 10, Squantum Street, East Milton. Turn right at the blinking light onto Adams Street. Turn left at the first traffic light onto Centre Street, following hospital signs. Turn left at third traffic light onto Reedsdale Road. Milton Hospital is on the right.

From the North Shore (Route 128/93) Take Route 128/93 to exit 2B. Travel north on Route 138, bearing right onto Canton Avenue when the road forks. Follow hospital signs.

From Canton Follow Route 138 north bearing right onto Canton Avenue after the Blue Hills ski area. Follow hospital signs.

From North Quincy Follow Squantum Street and cross over Route 3/93 to Adams Street. Turn right onto Adams Street, then left onto Centre Street. Follow hospital signs.

From Quincy Take Route 3 to Route 128, exit 5B. Travel north on Route 28 to second traffic light. Turn left onto Reedsdale Road. Milton Hospital is on the left or follow Adams Street to East Milton Square and follow hospital signs.

From Randolph Travel north on Route 28 into Milton. At second traffic light turn left. Milton Hospital is on the left.

Via MBTA At Ashmont Station, take #240 Avon Square bus or #240 Randolph Avenue bus. At Mattapan Station, take #245 Quincy Center bus. At Quincy Center Station, take #245 Mattapan via Pleasant bus. All buses stop on Reedsdale Road at the hospital.

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Dignity
Respect*

Milton Hospital

92 Highland Street / Milton, MA 02186 / 617 696-4600
www.miltonhospital.org

MILTON HOSPITAL
GERIATRICS PROGRAM

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AGE

MILTON HOSPITAL GERIATRICS PROGRAM *AGE WELL*

GERIATRIC CARE AT MILTON HOSPITAL

For the more than 93,000 seniors on the south shore, negotiating the health care system can be a daunting task. As we age, our health care needs increase, and a traditional model of health care delivery may no longer meet those needs.

Seniors frequently utilize different health care settings, including hospitals, rehabilitation facilities, nursing homes, assisted living facilities, adult day health programs and home care. Unfortunately, the various services may not be linked, and the resulting care delivery is fragmented.

MILTON HOSPITAL AND BETH ISRAEL DEACONESS MEDICAL CENTER

We are partnering to provide seamless care for seniors, with a program that emphasizes communication and links between the levels of care. Enhanced communication allows seniors to move smoothly through all facets of the health care system.

By providing this coordinated network of care, the Geriatrics Program at Milton Hospital will ensure that seniors in all settings will have access to the resources they need to age well.

PRIMARY CARE

Healthy aging depends on primary care providers that are sensitive to the issues facing the elder patient. Milton Hospital's primary care physicians now have access to the resources of the Beth Israel Deaconess Medical Center's Gerontology Division and the Harvard Division on Aging. This collaboration allows south shore seniors to receive the most up-to-date geriatric care from physicians close to home.

INPATIENT CARE

The hospital can be a challenging place if caregivers are not attuned to the needs of seniors. Milton Hospital is committed to improving the hospital experience for elders by making geriatric education for staff a priority. A full-time geriatric nurse practitioner provides expertise to Milton's nurses on issues that face the hospitalized senior. Geriatric consultation by a Harvard-trained geriatrician is available to assist Milton's primary care physicians in the management of complex age-related diseases. Social work and case management services ensure a smooth discharge process and enable provider communication at every level.

REHABILITATION

Milton Hospital's Transitional Care Unit provides outstanding rehabilitative care to area seniors recovering from illness or surgery. This unit has received the highest possible rating from the Department of Public Health and is staffed by physicians, therapists and nurses specializing in post-acute care. Additionally, Milton Hospital physicians care for patients in the area's most outstanding skilled nursing facilities, which have committed to delivering quality rehabilitation by joining our network of care. They have access to the expertise of specialists at Milton Hospital and Beth Israel Deaconess Medical Center and can take advantage of the resources and programs available at both institutions.

HOME CARE

Milton Hospital recognizes the importance of home services for the elderly, and currently partners with many of the area's finest home care agencies. Enabling independent living for our seniors is a priority for our physicians, and our Geriatrics Program strengthens and enriches our network of homecare providers. This enhanced system helps our seniors achieve their goal of remaining at home as long as possible.

LONG-TERM CARE

When independent living is no longer an option, finding a long-term care facility that promotes the health, well-being and dignity of seniors is vital. Milton Hospital physicians are committed to delivering long-term care in facilities that meet the highest quality standards. Our Geriatrics Program reaches out to these facilities to provide education, care protocols and access to cutting edge medical knowledge, ensuring that our long-term care residents remain active and vibrant members of our community.

INFORMATION AND REFERRALS

For a referral to a physician in our Geriatrics Program, call DoctorLine, Milton Hospital's physician referral line at 617-696- 8809.

For more information about the program, call 617-696-4600, ext 1085, to speak with the geriatric nurse practitioner or the director of geriatrics.

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